

# EEPSITA PAL



## Manager - HR & Administration

Eepsita Pal is an experienced HR professional with over 14 years in the field. She currently serves as the Manager of HR & Administration at FMSF. Eepsita holds a Post Graduate Diploma in Business Management and began her career in the corporate sector, where she worked for eight years at prominent companies such as PepsiCo, JMS Mining, and Gainwell Commosales in the heavy engineering and mining industries.

In 2018, she transitioned to the development sector, taking on key HR roles with organizations such as Child Rights and You and Railway Children. Eepsita has a strong passion for developing and implementing effective HR policies, streamlining performance management systems, and driving talent development initiatives.

She also holds additional certifications in Neuro-Linguistic Programming (NLP) and POSH (Prevention of Sexual Harassment), further enhancing her skills in these crucial areas.

Outside of work, Eepsita is an avid reader, enjoys traveling, cooking, and journaling, balancing her professional life with personal growth and creativity.